



Living UNBURDENED

Sunday, September 22, 2024

TITLE: Unburdened by an Uncertain Future

TEXT: Matthew 6:25-34

POP QUIZ! What is the most often repeated command in the Bible?

UNBURDENED

Matthew 11:28-30 – “Are you tired? Worn out? Burned out on religion? Come to me. Get away with me and you’ll recover your life. I’ll show you how to take a real rest. Walk with me and work with me—watch how I do it. Learn the unforced rhythms of grace. I won’t lay anything heavy or ill-fitting on you. Keep company with me and you’ll learn to live freely and lightly.” (The Message)

GUARDING AGAINST THE FUTURE

What do we do to guard against an uncertain future?

Stockpiling Hoarding _____ Greed

Religious Syncretism Religious & Political _____

WHERE OUR BURDENS COME FROM

POP QUIZ ANSWER: _____

_____ is the origin of...

materialism discontentment greed idolatry worry anxiety

control and most of our other burdens

"Me of Little Faith" (see *Matthew 8, 14, 16, 17*)

2 Timothy 1:7 – For God has not given us a spirit of _____, but one of power, love, and sound judgment.

KINGDOM SEEKERS

Richard Foster: "The person who does not seek the kingdom _____ does not seek it at all."

WHAT DOES IT LOOK LIKE TO SEEK THE KINGDOM FIRST...

With My Finances?

Luke 6:38 – " _____, and it will be given to you; a good measure—pressed down, shaken together, and running over—will be poured into your lap. For with the measure you use, it will be measured back to you."

With My Calendar?

Proverbs 16:3 – Commit your activities to the Lord, and your plans will be established.

James 4:15 – Instead, you should say, "If the Lord _____, we will live and do this or that."

With My Stuff?

1 John 3:17-18 – If anyone has this world’s _____ and sees a fellow believer in need but withholds compassion from him—how does God’s love reside in him? Little children, let us not love in word or speech, but in action and in truth.

With My Job?

Colossians 3:23-24 – Whatever you do, do it from the heart, as something done for _____ and not for people, knowing that you will receive the reward of an inheritance from the Lord. You serve the Lord Christ.

With My Family?

Ephesians 5-6 – Submit to one another... Wives, submit to your husbands as to the Lord... Husbands, love your wives, just as Christ loved the church... Children, obey your parents in the Lord... Fathers, don’t stir up anger in your children, but bring them up in the training and instruction of the Lord.

WEEKLY CHALLENGE

- Identify at least one area of your life causing you worry, fear, anxiety, or burdens. Commit to seeking God's Kingdom and Righteousness in that area this week.

GOING DEEPER | Study & Discussion Questions

1. What burdens are you carrying this week?
2. In what area of your life do you need to hear the Lord say, "Do not be afraid because I am with you"?
3. Find the passages in Matthew where Jesus calls his disciples out for their "little faith." What do they have in common? What lessons can you learn from these stories?
4. What does it look like to seek the Kingdom first in your life?